



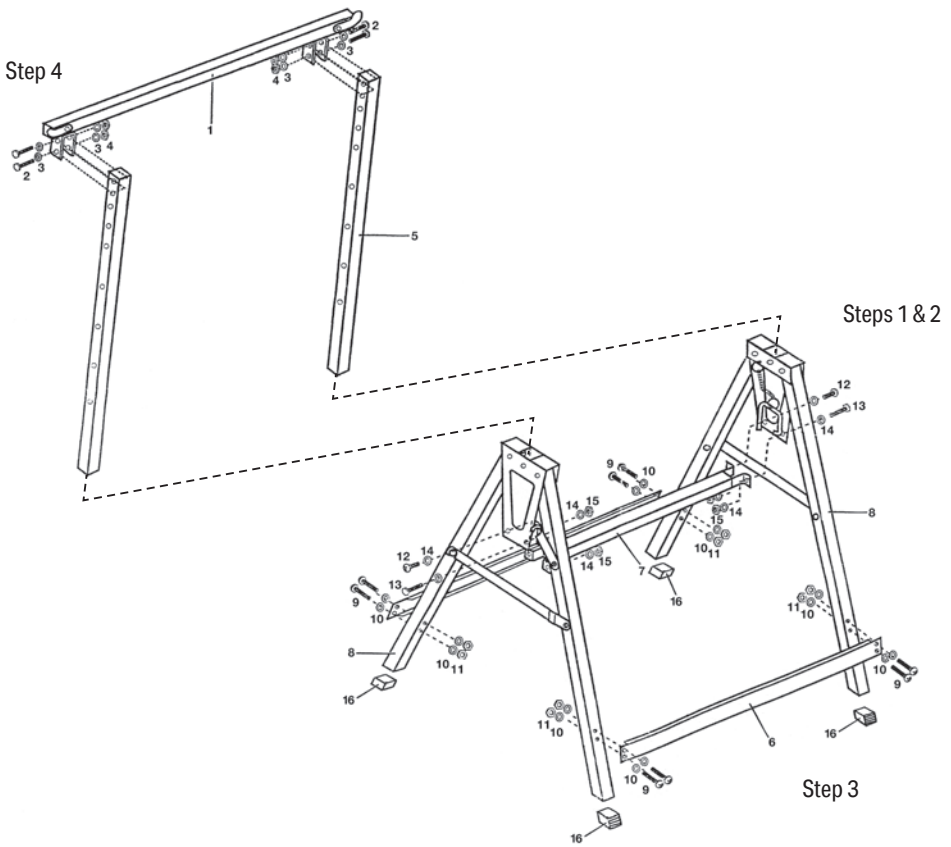
**EN**

Original Instructions  
Version 2 - March 2025

# TELESCOPIC **TRESTLE**

**54051 and 54053 (Pair)**





Key No.	Description	Qty
1	Cross bar (680mm)	1
2	M8 x 45 hex. bolt	4
3	M8 washer	8
4	M8 hex. nut	4
5	Upright 750mm	2
6	Lower cross member 575mm	2
7	Upper cross member 575mm	1
8	'A' frame assembly	2
9	M6 x 35 pan head bolt	8
10	M6 washer	16
11	M6 hex. nut	8
12	M5 x 15 pan head bolt	2
13	M5 x 15 bolt	2
14	M5 washer	8
15	M5 hex. nut	4
16	Rubber foot	4

1. Locate both 'A' frames (8) and the upper cross member (7). Open out the legs on the 'A' frames and lock using the lower latch. Push in rubber feet (16) into each of the legs. Fix one end of the cross member to the 'A' frame using bolt (13), bolt (12) and the appropriate washers and nuts. Ensure that bolt (13) is used to fix the frame on the side nearest the latch, as this bolt has the shoulder to accept the locking latch. Tighten all the fixings only finger tight. Fix the other end of the cross member to the other 'A' frame in the same mannner again only finger tight.
  2. Now secure the top of the 'A' frames using the short latches.
  3. Locate both the lower cross members (6). Fix the lower cross member between the two 'A' frames to provide the lower rigidity. Screw in the eight bolts (9) with the appropriate washers and nuts finger tight.
  4. Locate the two uprights (5) and cross bar (1). Assemble the cross bar and uprights using the four bolts (2) with the appropriate washers and nuts finger tight. Pass the assembly down through the top of the 'A' frame using the locating pins lock in the halfway position. The pin should be passed through from the inside and when all the way through, turn down so they lock around the frame. This avoids the pin falling or getting knocked out accidentally.
  5. Stand the trestle on a flat and level surface and allow all parts to settle. Systematically tighten all the fixings ensuring they are fully tightened. This process should be carried out twice to ensure no fixings are left undone by mistake.
- Note:** Telescopic action is between 810mm - 1300mm.

## Health and Safety Information

**Important: DO NOT use this product if it is damaged or its structural integrity is compromised.**

- Ensure that the trestle is fully assembled, and tightened before use.
- Ensure that the trestle is positioned on firm and level ground while it is in use.
- **DO NOT** climb or stand on the trestle.

- **DO NOT** exceed the maximum load capacity of 250kg.

## Contact Details

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